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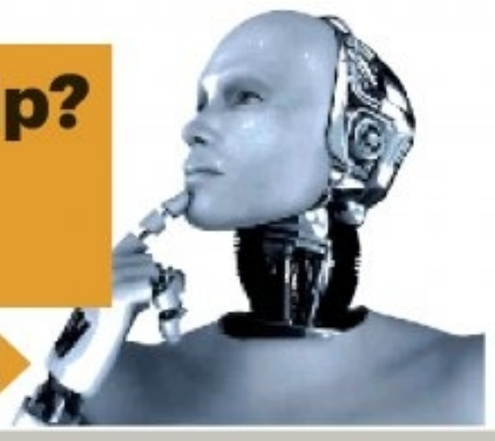

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metroLIFE

‘I’m not going to hide her...’

Samantha Medaglia holds a photo of her daughter Grace, who was born stillborn in February. Samantha shares her story, and she’s not alone,
metroNEWS

EMMA JACKSON/METRO

It’s about time for Nortel deal, says lawyer

BANKRUPTCY

It means tech company’s employees are closer to payday

A nearly eight-year legal battle over how to divide what remains of Nortel Networks Corp. has ended in a deal that will put a stop to legal fees eating away at the remaining $7.3 billion US pot and bring former employees and pensioners one step closer to being paid out.

“It’s about time,” said Mark Zigler, a lawyer with Toronto-based Koskie Minsky LLP, which represents a group of nearly 20,000 Canadian claimants.

Considered one of the largest bankruptcy cases in Canadian history, the legal and professional fees of Nortel’s demise have climbed to $2 billion over the past five years, according to an audit by independent financial analyst Diane Urquhart.

Zigler said the agreement announced late Wednesday will see Canadian debtors receive about 57 per cent of the proceeds, which amounts to about $4.1 billion. U.S. debtors will get 24 per cent, or about $1.8 billion, with the remainder expected to be paid to debtors in Europe.

The deal will see Canadian claimants collect a return of about 44 per cent on their claims, he said, which is lower than the original 71 per cent return anticipated when a deal was struck last May in U.S. bankruptcy court in Delaware and Ontario Superior Court.

Nortel filed for bankruptcy in North America and Europe in January 2009.

Once considered a crown jewel in the Canadian tech scene, the Ottawa-based company was worth nearly $300 billion and employed more than 90,000 people around the world during its height from 1999 to 2000.

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A man's family has been fighting for 14 years for his release from Chinese prison. **Canada**

5 FUN THINGS TO DO IN THE CITY THIS WEEKEND

The next few days are ripe with great activities, ranging from theatre and film festivals to a wiener dog parade. Here's a rundown of all the details. **HALEY RITCHIE** METRO

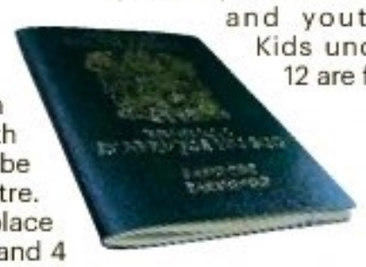
1 Wiener Parade

The first annual wiener dog parade is coming to the Byward Market on Saturday. Cricket — of Cricket & Company — will lead the parade starting at 1:30 p.m. from the shop at 21 Murray Street towards Dalhousie to eventually end at Earl of Sussex's patio party. All participating wiener dogs will receive a loot bag and costumes are encouraged. The parade is 30 minutes but the Sausage Festival at William Square will take place from 11 a.m. to 3 p.m.

2 Museum of Nature

Once a year the Museum of Nature opens up its behind-the-scenes research and collections facility in Gatineau. The facility includes an impressive collection of plants, animals, fossils and minerals. Tours are self-guided and photos are permitted. The event is free, open from 10 a.m. to 3 p.m. on Saturday at 1740 Pink Road in Gatineau.

3 African Film Fest



See the best of African cinema this week at Carleton University. From Oct. 14-22 films from Tunisia, South Africa, Chad, Senegal, Rwanda will be shown in the River Building Theatre. This weekend showings will take place at 7 p.m. on Friday and Saturday and 4 p.m. Sunday. Tickets will be available for purchase at the box office, outside the theatre starting 30 min before each film. General admission is $13.

4 Fresh Meat: DIY theatre fest

Support independent theatre this weekend with Fresh Meat — 10 artists will be performing brand-new, 20-minute performance pieces over the duration of the festival. Most performances take place between 7 p.m. and 10:30 p.m. at Arts Court starting this weekend and continuing next weekend. A full schedule can be found at freshmeatfest.com. General Admission is $20.

5 Maker Faire Ottawa

Think futuristic science fair for the whole family — meet creative people working on everything from robots to interactive fashion at this year's Maker Faire. The fair will be set up from 10 a.m. to 5 p.m. inside Aberdeen Pavilion on Saturday and Sunday. Tickets for adults are $10 and $5 for students and youth. Kids under 12 are free.

EDUCATION

University files plans for new complex

The University of Ottawa has filed development plans for its next large-scale construction project: A new science, technology, engineering and math building planned for the southwest corner of campus where demolition work has already started.

The new building proposed for 150-160 Louis Pasteur Priv., directly east of the Transitway and Nicholas Street, will feature a three-floor podium and two separate towers that each rise an additional three storeys, according to a planning report prepared by Fotenn Consultants and filed with the City of Ottawa.

Other development documents prepared by various consultants say the structure will have two or three basement levels and propose underground tunnel connections to Marion Hall and Colonel By Hall.

The reports say the site is currently developed with a parking lot, MacDonald Hall and the School of Information Technology and Engineering computer lab, more commonly known as the CUBE Building.

Some residents posted photos of the CUBE building being demolished last month. Planning documents say MacDonald Hall will also be demolished.

The University of Ottawa declined to answer questions about the demolition or the development application.

The CUBE building was built in 1954, while MacDonald Hall was constructed in 1965. PETER KOVESSY/ OTTAWA BUSINESS JOURNAL

MUSIC

National Arts Centre adds 30 Canadians to 2017 schedule

Emma Jackson
Metro | Ottawa

If you're into Canadian music, the National Arts Centre's got you covered.

The downtown venue has added more than 30 artists to its 2017 lineup as part of the sixth annual NAC Presents program.

Heavyweights like Blue Rodeo and Ron Sexsmith will anchor the all-Canadian lineup between January and May, but executive producer Heather Gibson said there are many other up-and-coming artists worth catching, too.

"It's a bit of a broad season this year," said Gibson. "You're going to see a range of music, from Joel Plaskett and Jenn Grant, who are more pop, and also some traditional music like The Once."

Her personal pick is Alejandra Ribera, a pop and jazz singer from Toronto who performs in English, French and Spanish.

"She's got such a distinctive voice and a distinctive presence," Gibson said. "You're watching a performance, not just listening to her words and her music."

But that's not the end of her must-see list.

"If you're feeling really adventurous I'd come see Iskwé," Gibson said. The emerging Indigenous artist's music is "not standard singer-songwriter storytelling music," Gibson said.

The Once folk trio from Newfoundland also put on a great show, she said, and Matthew and Jill Barber are great for families.

"It's nice and accessible music," Gibson said.

Big names will perform in the newly-renovated Southam Hall and in the NAC theatre, while more intimate shows will be held in the studio and the new Back Stage venue, which has replaced the Fourth Stage while it's under construction.

Tickets go on sale to the general public Oct. 21.

Phones go to school

EDUCATION

Catholic board taking virtual reality into the classroom

Adam Kveton
For Metro | Ottawa

Rather than struggle to keep students away from their phones, teachers at Ottawa's Catholic school board will soon be asking them to strap their phones to their face instead.

That's the way the board hopes to begin using virtual reality in the classroom.

Though high-end virtual reality goggles are now selling for between $400 and $1,200, the Catholic school board's coordinator for learning technologies, Robert Long, is hoping to get students in at a much lower price-point: about $20.

He plans to use Google Cardboard — a cardboard box with lenses inside that lets you slide in your phone as a screen and strap the whole thing to your head.

With nearly 100 per cent of students carrying smartphones by Grade 7, using Google Cardboard is a relatively cheap and simple way to access a range of content, said Long.

But that's just the 'how.' The 'why' is to provide students with a much more immersive learning experience than you get looking at pictures in a textbook or video on a regular screen. That, in turn, will hopefully make for more engaged students, said Long.

Teachers and others will learn how to use Google applications like Street View to take students on virtual field trips of places all over the world at the EdInnovation Summit in Ottawa from Oct. 22-23.

Long plans for the conference to be a major launch point for the use of virtual reality in OCSB classrooms this year.

LRT JUST FOLLOW THE O City staff have revealed preliminary plans to help light rail passengers navigate the new LRT system in 2018, and large red Os seem to be at the heart of it all. Illuminated red Os on posts will herald all station entrances, while the same symbol will be incorporated into major station signs. It all ties into the existing O-Train signage, according to a staff report headed to transit commission next week.
COURTESY OC TRANSPO

SOCIAL MEDIA

Man faces luring charges

Haley Ritchie
Metro | Ottawa

Ottawa Police have arrested and charged Cameron Lyons, 37, for allegedly luring teenage girls into sex work by posing as a talent agent.

Lyons also used the names Joe Howorth, Steve DeBone and VIP Entertainment on social media, according to police. Lyons would initiate conversations over Facebook while posing as a talent agent looking for modelling talent.

The conversations would begin with Lyons saying he was looking for modelling talent and progressing to requests to provide sexual services for money at parties and events.

On Facebook he posted under the name Joe Howorth advertising paid opportunities for women interested in stripping at a private bachelor party and watching football in a bikini.

Lyons is a volunteer equipment manager for the University of Ottawa football program.

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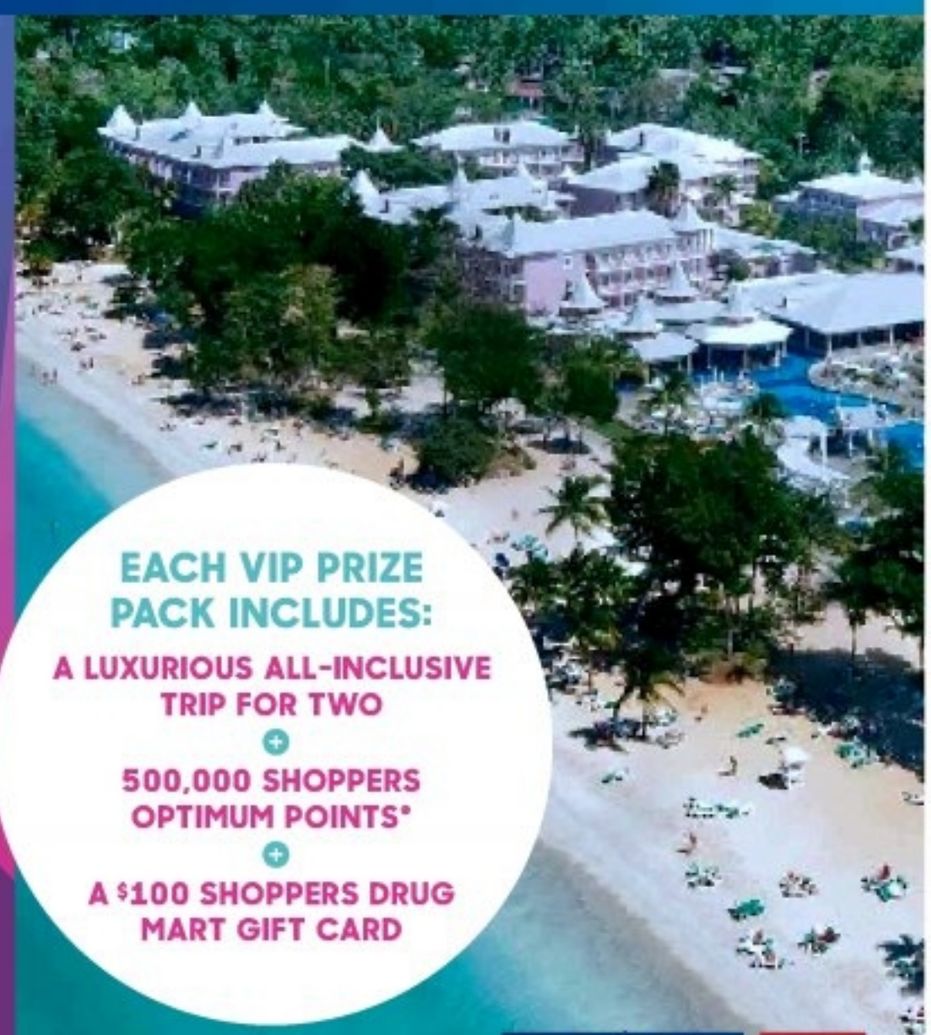

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ETIQUETTE

What to say when someone loses a pregnancy

It's tough to find the right words when someone dies, but even harder when that someone is an infant. Here are some tips on what — and what not — to say when someone loses a baby.

DON'T SAY

"You're still young. You've got time to try again."

While that may be true, the prospect of future babies doesn't lessen the loss of this baby. Grieving parents miss this baby now, and want it back.

"You were only four weeks along."

No matter how early the loss, a miscarriage can still be devastating.

"That's the biggest misconception, that parents don't love their baby until they're born," said Jamie McCleary with PAIL Network.

"Are you going to try again?"

If and when grieving parents decide to try for another child is intensely personal. Don't add to the pressure.

DO SAY

"Tell me about your baby."

Parents are parents, and they generally want to talk about their kids. If someone has lost a baby — particularly late in the pregnancy – ask them if they want to share their baby's story, name or other details. Chances are, they do.

"How are you doing?"

Grieving isn't linear. A gentle recognition of this may be all a parent needs to unload — particularly if support from the early days has waned.

"Want to grab a coffee?"

Be careful not to abandon a friend after their loss. Keep in touch and treat them like a normal person. If they want to talk, they'll talk.

EMMA JACKSON/METRO

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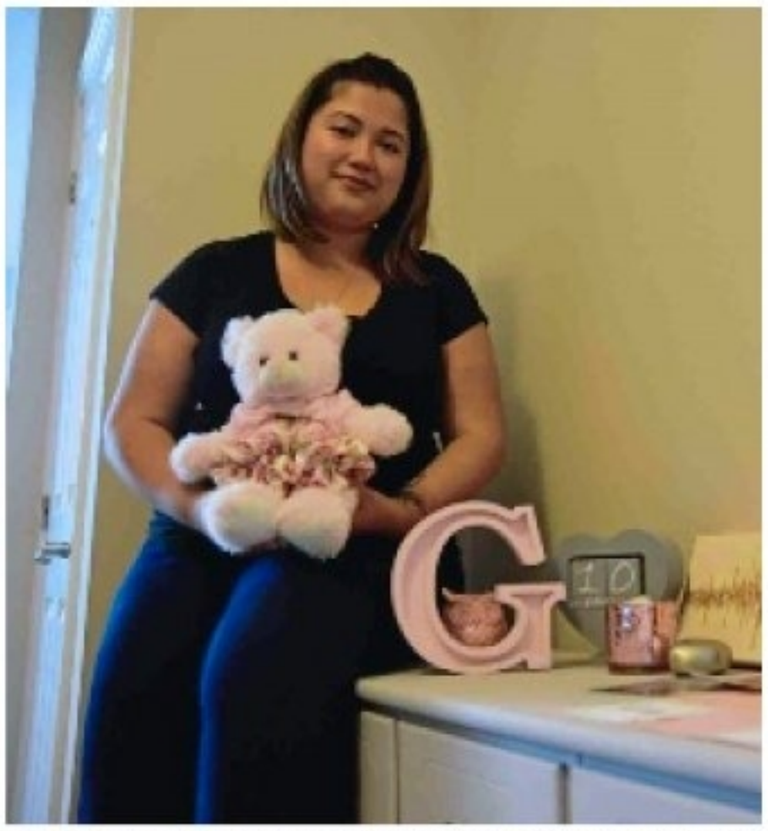

Samantha Medaglia holds a photo of her daughter Grace, who was born stillborn in February. EMMA JACKSON / METRO

Grief is real, says mom

SUPPORT

Network offers parents help, acknowledges painful feelings

Emma Jackson
Metro | Ottawa

If she'd had a choice between saving herself or her daughter, Samantha Medaglia would have chosen her daughter.

But with Medaglia only 24 weeks into pregnancy with baby Grace, and her systolic blood pressure skyrocketing above 235, doctors weren't willing to put Grace's life first.

She was born stillborn, four months premature, on Feb. 10.

She died as Medaglia desperately tried to deliver her before the baby's heart rate dipped too low – a side effect of Medaglia's necessary blood pressure drugs.

"They had her on a monitor and it was just slowly slowing down," Medaglia said. "It was 5 o'clock on the Wednesday morning when they turned it off. The last time we heard it, it was at like 53."

It's been eight months since Grace died, but she's no less present in her parents' Stonehaven home.

At the top of the stairs, a pink and grey shrine bears her photo, a gold and pink painting of her heart rate and her date of birth. A stuffed bear wears what would have been Grace's coming-home outfit.

"Obviously it didn't fit her," Medaglia said.

A tiny, silver box holds her ashes.

Medaglia is one of the approximately 2,700 mothers who deliver stillborn babies every year in Canada.

She's channelled her grief into promoting awareness of infant loss. She'll host a paint night at Tailgators on Saturday in support of PAIL Network, which offers in-person and phone support for grieving parents.

And she doesn't shy away from talking about her daughter.

"I'm really open book about it," Medaglia said. "I'm not going to hide her for other people's comfort."

The response to that approach has been pretty supportive, Medaglia said.

But not everyone has such a positive sharing environment, said Jamie McCleary, program manager for PAIL Network.

"It's definitely not there for people who experience the loss for earlier pregnancies," McCleary said.

And when support does come, fathers are often left out.

"People assume it's harder for the mom," Medaglia said. "But it's almost harder for the dads because they don't have as many outlets to talk about it."

Ontario designated Oct. 15 Pregnancy and Infant Loss Awareness Day last December. This is the first year the province will officially mark the day, which is recognized internationally.

Let grieving parents share their stories

PERSONAL ESSAY

The benefits and difficulties of sharing your loss with others

Emma Jackson
Metro | Ottawa

This Saturday is Pregnancy and Infant Loss Awareness Day. It also marks a year since I buried my sons.

They arrived early on Thanksgiving Sunday, only 23 weeks into pregnancy — far too early for a single baby, let alone identical twins.

They were tiny: Felix just under a pound, Levi just over. The ward's doll-sized jackets and booties completely dwarfed them.

They lived only minutes, and as we held them and rocked them and memorized them, I knew without question I would never feel whole again.

Fast forward one year, and my husband and I are one month from welcoming our daughter.

Well-meaning colleagues, acquaintances and strangers love to ask, "Is this your first?"

It's a tough question.

Do I answer honestly, making all involved uncomfortable? Or do I lie, and feel guilty all day for forsaking my sons?

Most times I choose the truth, because I've realized that only through sharing do people learn pregnancy isn't always the rosy, glowing dream the apps want you to believe.

I've also discovered nearly everyone has been touched by pregnancy or infant loss somehow.

And that once we start talking about it, we don't want to stop.

For one thing, it's a big part of our lives: I live my loss every day. For another, we're proud parents just like everybody else. I still stop at the top of the stairs to marvel at their tiny footprints hanging on the wall.

So if you know someone like me, don't be afraid to ask about their "angel baby." Chances are they'll want to share and remember — and be grateful for the opportunity.

Saturday is Pregnancy and Infant Loss Remembrance Day. THE ASSOCIATED PRESS FILE

POLICY

Tackling the gaps in bereavement rights

Imagine losing your child and having to go back to work the next week.

That unfortunate circumstance could soon end, as some politicians push to change how we treat grieving parents.

Last week, the Liberals launched a four-week consultation on changes to parental leave and compassionate care benefits.

Conservative MP Blake Richards hopes that process will address the fact that parental benefits currently end the same week an infant dies.

The mother may still be entitled to maternity benefits until 17 weeks after birth, but other parents lose their coverage right away — and could even have some EI payments clawed back.

"To be forced to be go back to work immediately can be really difficult," said the Banff-Airdrie MP. "They may not have had the opportunity to say goodbye or bury the child."

He'd like to see parental benefits extended even by just a few weeks, as a buffer for grieving families.

"That would be an ideal situation, especially for fathers, because fathers are so largely ignored in pregnancy and infant loss," said Jamie McCleary, program manager for Ontario's Pregnancy and Infant Loss Network.

Meanwhile, Ontario NDP MPP Peter Tabuns has re-introduced his private member's bill to allow bereaved parents to access up to 52 weeks of unpaid leave.

Currently, parents are entitled to 10 days off under the Employment Standards Act, unless their child dies as the result of a crime. In that case, parents can take up to 104 weeks unpaid leave.

Jonathan's Law would give all parents the time they need.

"What the parents were asking for was at a minimum to preserve their jobs," Tabuns said.

EMMA JACKSON/METRO

STATISTICS

As many as one in four pregnancies end in miscarriage before 20 weeks, and the risk goes up depending on the mother's age and her previous losses.

In 2011, 2,818 Canadian babies died in utero after 20 weeks, according to Statistics Canada. More than 1,100 of those were past 28 weeks gestation.

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Big Rig Kitchen and Brewery brewmaster Lon Ladell says the biggest industry shift over the last 20 years has been a return to community brewing. COURTESY BIG RIG KITCHEN AND BREWERY

Cheers to 20 years on the beer scene

From dairy to brewpubs: Lon Ladell of Big Rig Brewery

Big Rig Kitchen and Brewery is a staple of the Ottawa beer scene, having opened its first restaurant five years ago. But five years is small potatoes compared to the anniversary brewmaster Lon Ladell is celebrating — 20 years in commercial brewing.

The affable Ladell started his career in a Victoria, B.C. dairy. Cleaning milk tanks for pay and spending well-earned wages on local craft beer, Ladell was, to quote Loverboy, "working for the weekend." Outside of work, he was volunteering and learning his brewing craft at Spinnaker Gastro Brewpub, where he was eventually offered a position. Besides his love of beer, being lactose intolerant helped his decision to leave the dairy industry.

The B.C. beer scene of the 1990s was more progressive than that of Ontario. Ladell learned his trade through local mentors and eventually took contract work in Europe, discovering new techniques and regional styles.

Ladell's family moved to Ottawa in 2010, and he was part of the team that opened Big Rig in 2011. The namesake of the brewpub, as most locals know, is longtime Ottawa Senator Chris Phillips, who is also an investor in the brewery. Marvellous coincidence: the Sens drafted Phillips first overall in 1996, the year Ladell began plying his professional trade.

The Kanata brewery location opened at the end of 2014 and it has grown from four employees to 40. In fact, between the three locations, the company employs about 200 workers. Ladell's expertise and the large-scale brewery have also allowed the company to function as a space where other breweries without a physical location can operate. Those brewers can use the space to increase their beer output, make more sales and reinvest in their own company. It's a real win-win.

That's not to discount the Big Rig beers that are brewed there as well. As Ottawa's palate for beer has become more adventurous, so too have Big Rig's beers: Release the Hounds Black IPA and Hoppin' Maibock are excellent recent releases. The brewpubs also allow for experimentation with different styles and you can find delightful one-offs at the pub you won't find elsewhere.

With two decades of beer industry experience, Ladell is the perfect resource for a narrative on how the industry has changed. He notes the most interesting shift has been the return of the community brewery. These businesses look to service their small town and to be a part of it. A return to more grassroots brewing has created a wonderful environment across the province and has redefined the term local.

Ladell has no intention of slowing down, but when he does "retire," it will be to a small goat farm where he can brew Belgian-style beer and make goat cheese — bringing the story full circle from his dairy beginnings.

LOCAL HOP-PENINGS

Cornucopia of beer
Dominion City Brewing Co. released four (!) new brews over Thanksgiving weekend: Devils Brigade, a Belgian ale at 7.9 per cent; Galloping Hessian, a pumpkin ale at 5 per cent; Hearsay Entire Porter, a barrel-aged porter at 6.5 per cent; and Land is Strong, a Belgian IPA at 7 per cent.

Final round
The last Brewery Market of 2016 will be Oct. 22 at the new Albert Island location.

Spooky affair
Whiprsnapr is transforming into a Haunted Brewery on Saturday, Oct. 29 from 12-9 p.m., with the first four hours being kid friendly.

Seasonal brew
Covered Bridge Brewing is gettin' seasonal! They've released 'Witch Brew, an all local-ingredients black IPA 106 IBUs and 6.8 per cent.

Party time
Beyond the Pale has released cans of Aromatherapy to the LCBO. To celebrate, they'll be throwing a party Oct. 14 at CRAFT Beer Market.

Road trip anyone?
Windmill Brewery has opened in Johnstown, about an hour south of Ottawa.

Brews on brews
Muskoka Brewery teamed up with Muskoka Roastery Coffee Co. to release a new coffee-infused stout for the colder temperatures: Shinnicked Stout.

Beer vs. Wine
On Oct. 25, CRAFT Beer Market will host a Brewmaster's Dinner throw down: beer versus wine. Tooth and Nail's Matt Tweedy will guide diners through various course pairings.

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‘A complete human rights travesty’

CHINA

Political prisoner’s family fighting for his freedom

David P. Ball
Metro | Vancouver

Wang Jin Huan, 73, holds a family portrait. In the picture is her brother Wang Bingzhang, who is serving a life sentence in a Chinese prison. JENNIFER GAUTHIER/METRO

Ti-Anna Wang has taken her father’s case before the Canadian and U.S. governments hoping to spur his release. CONTRIBUTED

On a quiet, 15-acre farm in Port Coquitlam, B.C., 35 km east of Vancouver, Wang Jin Huan looked out her window across the Pitt River.

Holding a framed family photo in her hands, the 73-year-old wiped her eyes with a crumple tissue when asked about her younger brother, imprisoned in China’s Shaoguan prison almost 10,000 km away.

“Every day, we think of how to get him out,” Jin Huan told Metro in her home. “He didn’t do any bad things. He just wanted China to be good and talked about human rights.”

Wang Bingzhang, now 69, twice braved his country’s ban on unauthorized political activities, publicly starting two pro-democracy opposition parties — under a regime notorious for its widespread use of torture, disappearances and mass executions, according to Amnesty International.

Despite Bingzhang being denied visitors for four years, one thing Jin Huan does know for certain: her brother spends much of his time thinking about his family, scattered across Canada but united in their crusade to get the Canadian government to take up his case.

Jin Huan smiled proudly as she showed a photograph of Bingzhang’s daughter in Montreal.

“She was born in 1989, after the Tiananman Square (massacre),” Ji Huan said. “So her name is Ti-Anna, for Tiananman.”

Ti-Anna has spearheaded the family’s fight, maintaining a website on his case and meeting with Canadian and U.S. officials.

She was 13 when her father disappeared in Vietnam, only to resurface in Chinese prison facing what human rights organizations allege were politically motivated charges of spying and terrorism.

Global Affairs Canada said his case “is of serious concern,” though noting he’s a Chinese not Canadian citizen. In an email, spokeswoman Kristine Racicot said Canada “has raised the case repeatedly with the Government of China,” most recently during Prime Minister Justin Trudeau’s Chinese visit last month.

The government also backed a recent United Nations call for China to “release immediately and without conditions all political prisoners,” she added.

“Obviously, we want a bigger commitment — for them to be more vocal,” Ti-Anna said. “But this is huge progress compared to the previous government.”

Amnesty International Canada’s secretary-general told Metro that Bingzhang’s case “is a complete human rights travesty.”

“There’s not a shred of evidence that gives any support to China’s allegation,” Alex Neve said in a phone interview. “Everything has been so unbelievably secretive about his case.

“Instead, we have a man who has been locked up cruelly, in harsh conditions of solitary confinement … for 14 years.”

He argued the human rights situation in China “remains dire, and if anything in recent years has deteriorated.”

“Human rights organizations, human rights defenders and human rights lawyers are increasingly coming under siege,” Neve said. “They’re being arrested, a number have even disappeared in police custody … It’s a very worrying sign.

“It is increasingly clear that China is less and less concerned or interested in what the rest of the world thinks about human rights issues.”

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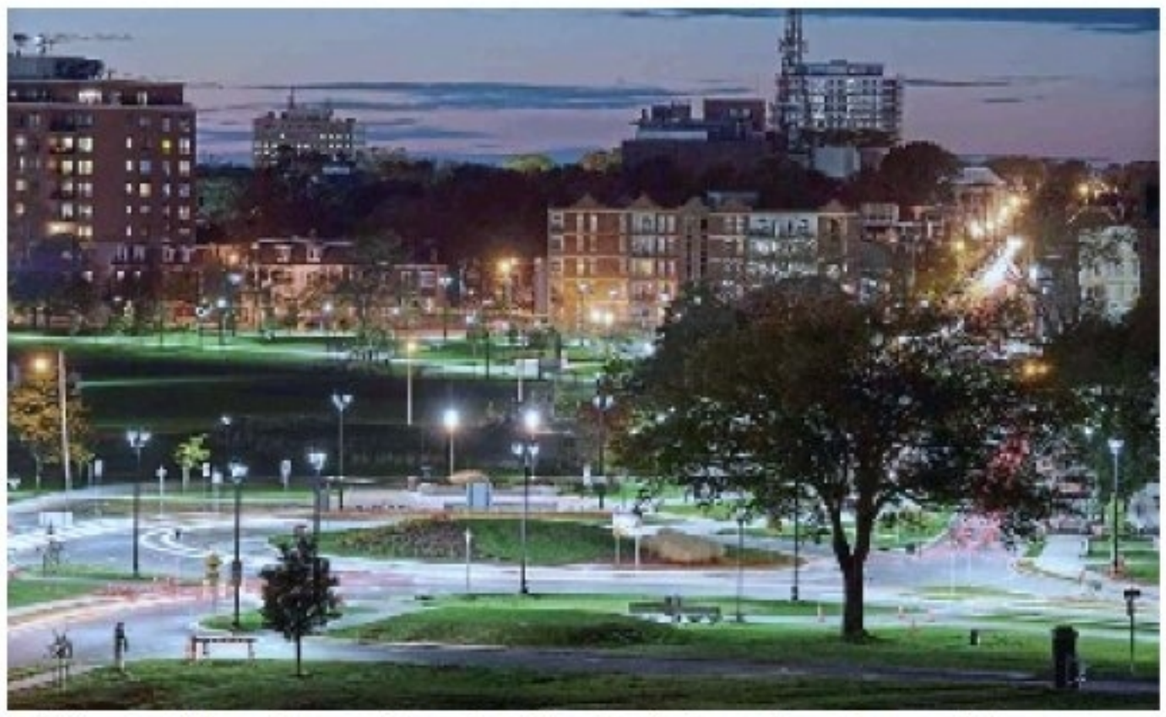

Vehicles travel through a roundabout in Halifax. Studies have shown that roundabouts are safer than traditional stop sign or signal-controlled intersections. THE CANADIAN PRESS

Roundabouts gain ground in Canada

TRAFFIC

Design reduces conflicts to eight from 32, expert says

They evoke some of the world's most impressive crossroads — the Place de l'Etoile in Paris, Manhattan's Columbus Circle — and have a remarkable capacity to calm traffic and ease accidents.

But, as the roundabout becomes increasingly common in Canada, they can also evoke a certain panic: Confused motorists have been known to go the wrong way, fail to yield, or try to back up in them.

"We've observed all sorts of behaviours," said Keith Boddy, a roundabout specialist with the Transportation Association of Canada.

"The good news is most of those incidents don't result in serious injury or other challenges because people are going slower."

A typical intersection creates about 32 plausible vehicle conflicts with other drivers, pedestrians and cyclists, said Ed Miska, executive director of engineering services for B.C.'s Ministry of Transportation and Infrastructure.

Roundabouts reduce that to eight conflicts, even if people still find innovative ways of getting them wrong.

Boddy estimates there are now about 400 roundabouts across the country, as Canada and the U.S. slowly catch up to a roadway design that has been widespread in the United Kingdom and France for decades.

400

The estimated number of roundabouts across Canada.

Quebec has built around 100 of them since the late 1990s. The Waterloo Region in Ontario has about 25 and there are 33 in B.C.'s provincial highway network. Halifax has installed several in recent years, and is adding more.

It costs about $2 million to build either a traditional signalled version or a roundabout, said Boddy, depending on local construction costs. Circular designs tend to require more land and must fit in with traffic flow, he added.

Miska said roundabouts reduce traffic queues and make U-turns easier. They're the first option considered for new intersections in B.C., he said, but they must make sense depending on terrain and existing road works.

THE CANADIAN PRESS

IN BRIEF

Visiting French PM says world 'rejected' Trump

France's prime minister Manuel Valls, on a two-day visit to Canada, said he supports Hillary Clinton over Donald Trump. U.S. President Barack Obama was "elected by the world" and "Trump is rejected by the world," Valls said. For his part Prime Minister Justin Trudeau — a self-avowed feminist — would only say he "has stood clearly and strongly all my life around issues of sexual harassment."

THE CANADIAN PRESS

INVESTING

Robo-advisers appeal to younger people

Robo-advisers are a great choice for young investors, says Jason Heath, a fee-only financial planner with Objective Financial Partners.

The digital investment services are ideal for those who only require portfolio management for a specific savings goal and don't need to get into the more personal aspects of wealth management such as taxes and retirement or estate planning, he says.

To set up an account, robo-advisers ask a series of online questions to determine one's savings goal and risk tolerance before creating a diversified portfolio using an appropriate mix of low-cost equity and bond exchange-traded funds (ETFs).

"The management fee the robo-advisers charge tends to be around the half per cent range," says Heath.

As for how much investment money you need to open a robo-adviser account, some services such as Wealthsimple have no account minimums.

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Yemen: A country at war

CONFLICT

U.S. Navy says it has destroyed three Houthi radar sites

By firing missiles into Yemen, the United States likely will be further entangled in a stalemate war in the Arab world's poorest country, a conflict it has sought to extract itself from in. But who exactly is fighting in Yemen and what does the U.S. have to do it with it?

Tribesmen loyal to Houthi rebels hold their weapons on Oct. 2, as they chant slogans during a gathering to mobilize more fighters into battlefronts in Yemeni cities. THE ASSOCIATED PRESS FILE

1 THE BEGINNING OF WAR Yemen, on the southern edge of the Arabian Peninsula, has been in the midst of a civil war since September 2014. That's when Shiite rebels, known as Houthis, swept into the capital of Sanaa and overthrew the country's government. Houthi allies include forces loyal to Yemen's former President Ali Abdullah Saleh and have the backing of Shiite power Iran. In March 2015, a Saudi-led coalition of Arab countries began a military campaign against the Houthi forces, saying its mission served in part as a counterbalance to Iran's influence.

2 A STALLED OFFENSIVE Since launching its campaign, the Saudi-led coalition retook the port city of Aden and lands in southern Yemen. However, Sanaa and the Houthi heartland of northern Yemen remain held by the rebels. A ground offensive to retake the capital, which likely would involve street-by-street fighting and heavy casualties, appears unlikely. Instead, the Saudi-led campaign has relied on airstrikes. However, a UN report said coalition airstrikes were responsible for 60 percent of civilian deaths over a yearlong span starting in July 2015.

3 AN INCREASINGLY WARY U.S. After the Sept. 11, 2001, terror attacks, the U.S. launched drone strikes against suspected al-Qaida militant targets in the country from a local military base and provided Yemen with hundreds of millions of dollars in security assistance. American troops were evacuated from Yemen amid the latest Houthi push, but airstrikes targeting al-Qaida have continued. U.S. forces offered targeting guidance to the Saudi-led coalition and logistical assistance at the beginning of their campaign.

4 EXCHANGING MISSILE FIRE The USS Mason, an American destroyer, has come under missile fire twice in recent days in the Red Sea from Houthi-held territory in Yemen, according to the U.S. Navy. In response, the Navy said it fired Tomahawk missiles at three coastal radar sites held by the Houthis — the first direct American attack in the war. The U.S. also says the missiles fired by the Houthis appear to be Iranian. While Iran denies arming the Houthis, the Navy says it has intercepted boats carrying Iranian weapons likely heading for Yemen.
THE ASSOCIATED PRESS

SYRIA

65 dead in Aleppo over three days: Activists

Overnight shelling and over a dozen airstrikes on rebel-held parts of the Syrian city of Aleppo killed at least 11 people, bringing the death toll over the last three days in the embattled city to at least 65, activists said Thursday.

Meanwhile, rebel shelling of government-held areas in the divided city killed two girls at a school. The airstrikes came a day after an air raid hit eastern Aleppo's biggest market, killing at least 15 people and levelling buildings.

Aleppo's unabating violence has given additional urgency to the upcoming meeting between Russian Foreign Minister Sergey Lavrov and U.S. Secretary of State John Kerry on efforts to find a peace deal in Syria in Switzerland on Saturday.

It will be the first face-to-face contact between the two men since Washington broke off bilateral diplomatic contact with Moscow on Syria over the violence in Aleppo earlier this month.
THE ASSOCIATED PRESS

UNITED NATIONS

Guterres promises 'diplomacy for peace'

Antonio Guterres pledged Thursday to make the pursuit of peace in a conflict-torn world his "overarching priority" after being elected the next secretary-general of the United Nations. The former UN refugee chief told the members of the UN General Assembly that he will be promoting a new "diplomacy for peace" advocating dialogue. THE ASSOCIATED PRESS

Antonio Guterres AP

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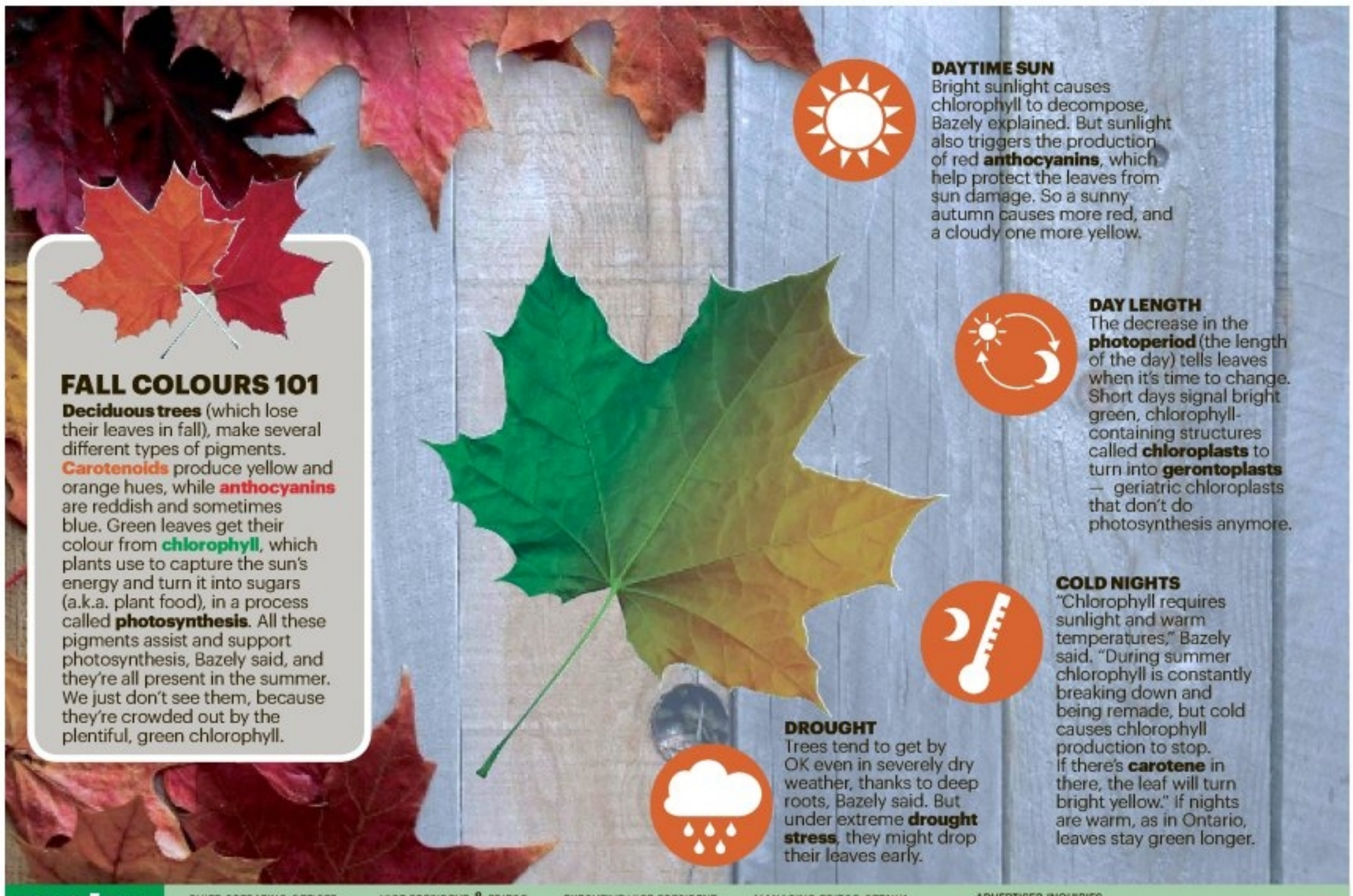
Your essential daily news

Nature's superheroes, naked mole rats, have poorly functioning pain receptors that make them nearly impervious to trauma

DECODED by Genna Buck and Andrés Plana

WHY ARE THE LEAVES CHANGING LATE?

Do boring fall bike rides have you feeling green with envy over parts of Canada where brilliant colours have begun? Every autumn, shortening days set off a series of genetic changes in trees. A build-up of cells at the base of leaves cuts off the flow of nutrients: That's part of it. But many other factors determine when and how the leaves change. **York University plant biologist Dawn Bazely explains.**



FALL COLOURS 101

Deciduous trees (which lose their leaves in fall), make several different types of pigments. **Carotenoids** produce yellow and orange hues, while **anthocyanins** are reddish and sometimes blue. Green leaves get their colour from **chlorophyll**, which plants use to capture the sun's energy and turn it into sugars (a.k.a. plant food), in a process called **photosynthesis**. All these pigments assist and support photosynthesis, Bazely said, and they're all present in the summer. We just don't see them, because they're crowded out by the plentiful, green chlorophyll.

DAYTIME SUN
Bright sunlight causes chlorophyll to decompose, Bazely explained. But sunlight also triggers the production of red **anthocyanins**, which help protect the leaves from sun damage. So a sunny autumn causes more red, and a cloudy one more yellow.

DAY LENGTH
The decrease in the **photoperiod** (the length of the day) tells leaves when it's time to change. Short days signal bright green, chlorophyll-containing structures called **chloroplasts** to turn into **gerontoplasts** — geriatric chloroplasts that don't do photosynthesis anymore.

COLD NIGHTS
"Chlorophyll requires sunlight and warm temperatures," Bazely said. "During summer chlorophyll is constantly breaking down and being remade, but cold causes chlorophyll production to stop. If there's **carotene** in there, the leaf will turn bright yellow." If nights are warm, as in Ontario, leaves stay green longer.

DROUGHT
Trees tend to get by OK even in severely dry weather, thanks to deep roots, Bazely said. But under extreme **drought stress**, they might drop their leaves early.

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FINDINGS
Your week in science

ISTOCK

BIRD FLU GOES VIRAL
A team including scientists from Guelph, Ont. has discovered the 2014-2015 global outbreak of H5N8 influenza was spread in part by migrating wild birds carrying the virus from poultry farms in South Korea.

SOUND SMART

DEFINITION
Senescence is the process of aging in cells. It happens when cells stop dividing, change their function, but haven't died (yet). **Cellular senescence** is what's going on in your cells while you're undergoing **organismal senescence** (a.k.a., getting old).

USE IT IN A SENTENCE
Leaves changing colour in the fall is also called **autumn senescence**, because the cells stop growing and stop producing chlorophyll.

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

This weekend Ben Affleck plays an accountant with autism and a violent side in The Accountant, which also stars Anna Kendrick. CONTRIBUTED

Crooks with pocket protectors

THE ACCOUNTANT

This dull profession still gets its time in the limelight

Richard Crouse
For Metro Canada

Ben Affleck plays the title role in the thriller The Accountant.

"Like, a CPA accountant?" asks a Treasury Department worker. "Not quite," replies agent Ray King (J. K. Simmons) in what might be the understatement of the year.

Affleck is a pocket-protector-wearing forensic accountant who "risks his life cooking the books for some of the scariest people on the planet: drug cartels, arms brokers, money launderers, assassins." A math genius with autism and a violent side, he survives his dangerous world through dual facilities for arithmetic and mayhem. "He's a very distinct and unusual character," Affleck told Entertainment Weekly. "A little bit different than your average, everyday person in the way he processes information and social thinking, and the way he sees numbers and logic, and that he's trapped a little bit in his own mind."

Affleck joins a long list of actors who have looked for loopholes, legal, financial and otherwise, on the big screen.

MOVIE RATINGS by Richard Crouse

The Accountant	★★★★
American Honey	★★
Christine	★★★
Unless	★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

The late, great Gene Wilder became a star playing bookkeeper Leo Bloom in The Producers. "I spend my life counting other people's money. People I'm smarter than." Bloom comes up with the get-rich-quick scheme to mount a terrible Broadway musical and make off with the investor's cash when the show flops. His plan falls apart when Springtime for Hitler becomes a hit but his business partner still has good things to say. "You're an accountant," raves Max Bialystock. "You're in a noble profession! The word 'count' is part of your title!"

Rick Moranis played Louis Tully, an accountant possessed by an ancient spirit in Ghostbusters. Before he goes all supernatural Louis throws a bash to celebrate his fourth anniversary as an auditor at his swanky Central Park West apartment. "I'm givin' this whole thing as a promotional expense," he says, "that's why I invited clients instead of friends." The scene was shot in one continuous take with Moranis making his way through the party, improvising perfectly nerdy dialogue —"This is real smoked salmon from Nova Scotia, Canada, $24.95 a pound! It only cost me $14.12 after tax, though."

In The Untouchables, Charles Martin Smith plays Oscar Wallace, the bespectacled book balancer who puts together the tax evasion case against notorious mobster Al Capone. The character was largely based on Frank Wilson, the IRS Criminal Investigator who spent years keeping tabs on Capone's financial dealings before laying charges. A self-penned article on his exploits, He Trapped Capone, inspired the 1949 Glenn Ford film The Undercover Man.

Cher initially turned down the Oscar-winning role of Loretta Castorini, the widowed accountant in Moonstruck who falls for a one-handed baker. Though exhausted from one of the busiest years of her career, she ultimately took the part. When Moonstruck was done she took a week off before shooting the courtroom drama Suspect.

Bloom, Tully, Wallace and Castorini are reel life bookkeepers, but in real life several actors almost chose figures over fame. Bob Newhart worked the ledger books for United States Gypsum and Eddie Izzard studied accountancy at the University of Sheffield.

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Role of vagabond comes naturally

Rookie actress Sasha Lane plays an 18-year-old from a troubled home, in **American Honey.** HANDOUT

AMERICAN HONEY

Sasha Lane talks about her accidental acting break

Richard Crouse
For Metro Canada

These days Sasha Lane is waiting for her next big film role, but not so long ago the 21-year-old American Honey star was waiting tables at a Mexican restaurant in Texas.

After a talent scout told her, "You have a face for movies," she left the eatery to embark on what she calls "the biggest blessing of my life."

With acting on her mind she answered an ad looking for people who were "wild, physical, fearless and ready for adventure. No acting experience required."

Her natural charisma impressed British director Andrea Arnold, who cast her in the lead role of a two-hour-and-40-minute faux cinema vérité road movie that sees her play Star, an 18-year-old from a troubled home.

Her character's ticket out of the dysfunction she has grown up with is a travelling band of magazine sellers led by the charismatic Jake (Shia LaBeouf) and Krystal (Riley Keough).

For two months, Lane hit the highway, travelling the dusty back roads of the American Midwest shooting a movie that was part scripted, part improvisation.

"We got sides the day before and the day of," Lane says.

"The scenes between Krystal and me were more scripted. This is the word, these are the lines. Some of the scenes where I'm in the van with the kids were more like, 'I need you to mention that. Get from point 'a' to point 'b.' Go with it. Fill it out a little bit."

It was a process of discovery for the first-time actress as she learned about her character as the shoot wove its way across country.

"I didn't know much about my character or much about what was happening," Lane says, "but Andrea would say to me stuff like, 'Sasha, you're representing all the girls who go through this.'

"I was thinking, 'don't be scared. You get to do this and in a way it's what you've always wanted to do.' I was studying psychology and social work in college. This is an artistic way to do what I wanted to do.

"I was excited and very much nervous because I had never done it before and people were going to be watching it. I knew it was a movie but it didn't really hit me until I saw the trailer."

Life on the shoot was all encompassing —"You're in this bubble," she says. "I didn't have outside thoughts."— but not always exciting. "There was a lot of sitting in parking lots," she laughs.

Nonetheless she threw herself at the role.

"I remember when there were times I would go to Andrea and be like, 'I can't f—ing tell what the difference is between my life in this movie and my real life.' It was insane."

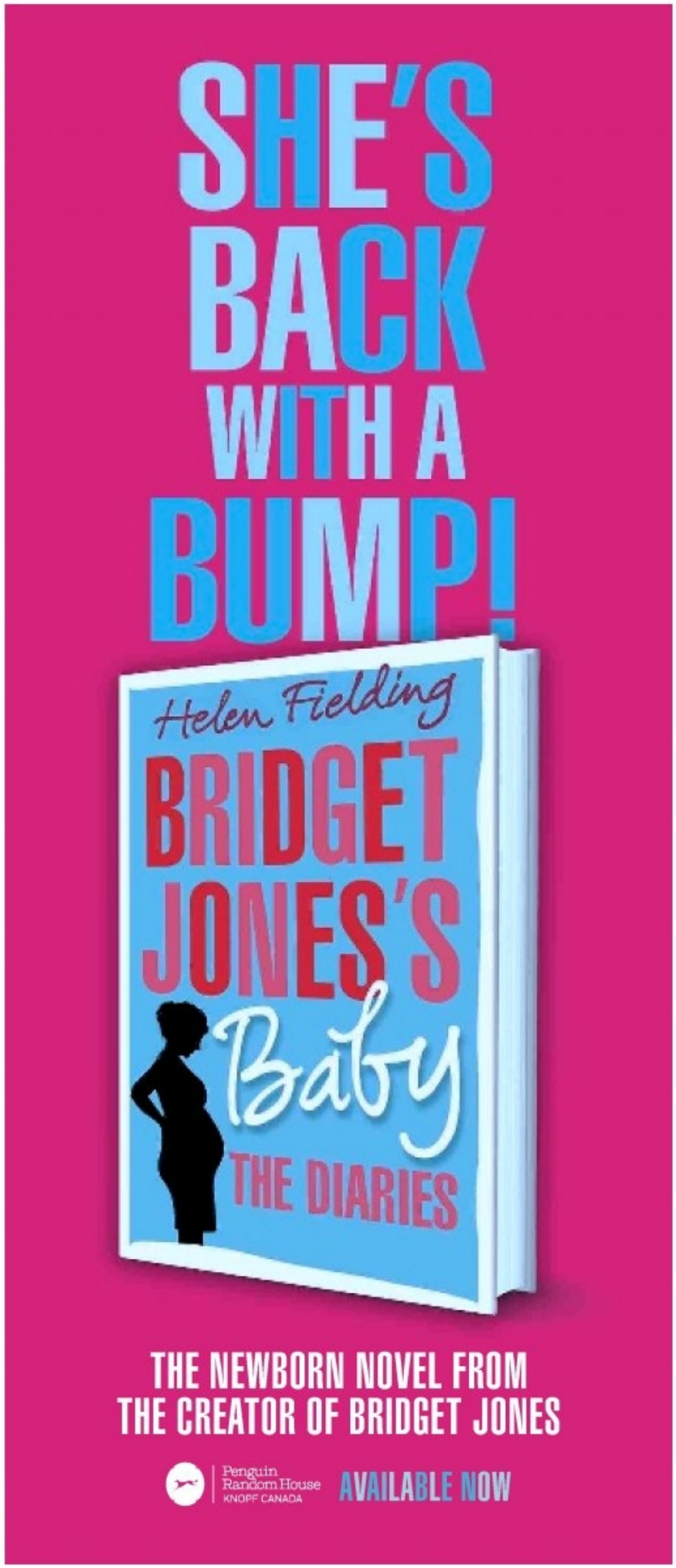
All the work paid off: "A Star is born," raved The Guardian — and she's now weighing multiple offers.

Rumours suggest she'll either star in Hunting Lila, based on the popular YA books by Sarah Alderson or Shoplifters of the World, a true-life drama about the night The Smiths announced they were calling it quits.

Wherever Lane lands it's certain the shoot will be much different from the singular American Honey shoot.

"I just did a short," she told me in September, "and I was like, 'Oh, I get to go back home?' Nothing is like this experience."

> **I remember when there were times I would to go Andrea (the director) and be like 'I can't tell what the difference is between my life in this movie and my real life'** Sasha Lane



The man who steals subways

OFF THE RAILS

A lifelong obsession with transit has serious effects

Steve Gow
For Metro Canada

You may think you love the subway as much as the next person, but you haven't met Darius McCollum yet.

The 51-year-old New Yorker was so enamored with city transit, he developed a lifelong obsession that led to stealing buses and trains in the simple desire to safely drive them to their appropriate destination.

"I love stories about imposters," admitted filmmaker Adam Irving, who captures McCollum's incredible passion for stealthily stealing transit in the acclaimed documentary Off The Rails.

"I'm very impressed and intrigued by people who can go their whole lives pretending to be someone else."

But as the film points out, the root of McCollum's obsession also has a dark side. Afflicted by Asperger's syndrome, McCollum's motives originate from a form of autism that produces highly skilled (but narrow) interests in those affected.

"He had this amazing memory," recalled Irving, admitting McCollum was so familiar with the New York subway system, he could name all 469 stations.

That childlike enthusiasm may have made him "less like a criminal" to Irving, but it hasn't stopped Manhattan's most reliable bus-jacker from having to pay a price for his actions.

In fact, his harmless preoccupation with pilfering public transportation led McCollum to spending nearly half his life in jail — surely a sort of crime in itself.

"It's not just about Darius, it's about this flawed system that needs to be fixed," insisted Irving.

"This is a real tragedy of a man with a passion who could have led a very fulfilling life (but) he just fell through the cracks and had his whole life screwed and we need to do something about it."

While Irving hopes the film reveals the justice system's shortcomings in dealing with sufferers of mental health, the shocking truth is, Darius McCollum actually has no regrets about spending time in prison.

"Because of his Asperger's, Darius thrives on the routine," said Irving. "He feels very calm because he knows what's going to happen. Ironically, the only place where he's not at ease is as a free man trying to make it in the world — that's where he panics, steals a bus, gets arrested and goes back to jail where everything's OK."

All those times when I was on the train thinking everything was fine, there was an imposter driving
Filmmaker Adam Irving

Darius McCollum has stolen buses and trains in a simple desire to drive them safely from one destination to the next. McCollum has a form of Asperger's syndrome that produces highly skilled and extremely narrow interests in those affected. CONTRIBUTED

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Highway of Tears given new context

The four-minute virtual reality experience of the Highway of Tears uses a 360 degree aerial view of the highway. CONTRIBUTED

IMAGINATIVE FESTIVAL

Story captured in virtual reality sheds light on slain women

Kris Abel
For Metro Canada

It's known as the Highway of Tears, an empty stretch of road in Northern British Columbia where at least 18 women, mainly indigenous, have gone missing or have been murdered since the 1970s.

The locals put the number at 50 women and their frustration at the lack of progress by the RCMP has been shared nationally through the news.

"For the native folks around there, the Highway of Tears is ground zero for them," explains Lisa Jackson, an indigenous filmmaker who has been commissioned by the CBC's The Current to capture the story in virtual reality. "That's where they come from, that's where their communities are, and it's not an isolated stretch somewhere out beyond, it's the very centre where their ancestors have always been."

The four-minute experience will take you to the land and into the lives of those involved so you can see for yourself what it's like to live there.

"We were able to use aerial 360 video footage so you can look around from the sky above the highway" says Jackson, "and just see this gorgeous landscape and then you look down and there's this ribbon of highway which most of the time has no cars on it. We weren't making it into a tourism video, but it is gorgeous, there's just no two ways about it; there's mountains, it's green, it's just stunning up there."

When you enter the home of Matilda Wilson, whose daughter Ramona is among the murdered, it's a chance not only to hear her story, but to look around in her personal space.

"I've been to a lot of homes up in this area, on reserves, they're kind of unique because they're just plastered with family photos in a way you that don't see very often" says Jackson. "It was a fairly modest home and on every wall was not only photographs of all her large family, but also tributes to Elvis. It was just such a colourful space."

Through Matilda, we get to experience the night her daughter left for a party only to disappear. With virtual reality, Jackson says we can get "inside that experience of what it would be like to be that mother and the unknowing of it."

"Eventually she did find out the worst," Jackson confirms, "but just putting us in those shoes of how awful it would be to be in that situation and not know and sort of have the police say 'well, y'know, give it a couple of weeks, she'll probably come back.'"

The Highway of Tears VR will be featured in Toronto's ImagineNATIVE film & media arts festival from Oct. 19th – 23 and will also be used for a series of Town Hall discussions across the country that will air on CBC radio, starting in Prince George, B.C.

Filmmaker Lisa Jackson has made a four-minute virtual reality story on the Highway of Tears. CONTRIBUTED

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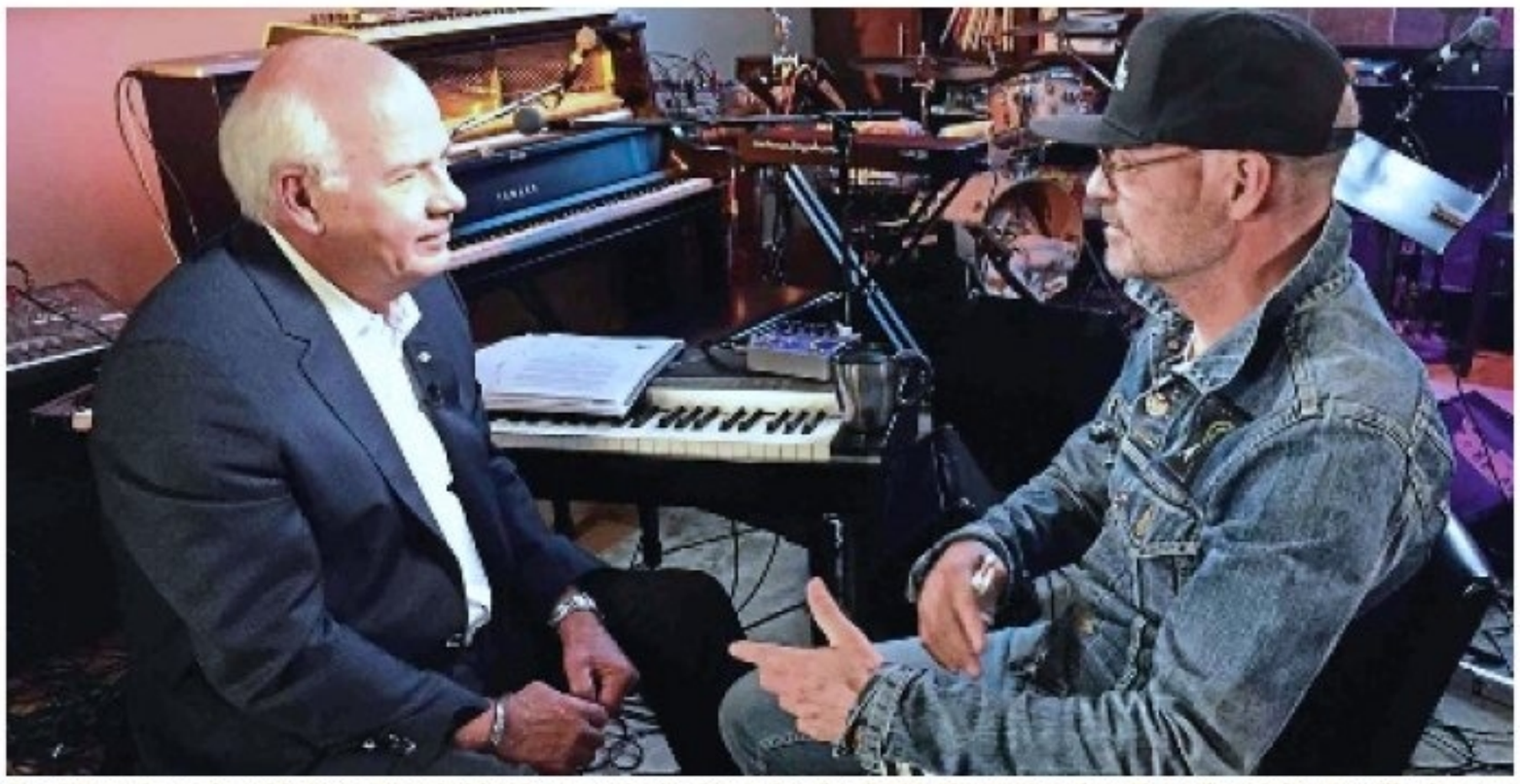
Cancer attacking Downie's memory

THE NATIONAL

Hip frontman shares struggle in interview with Mansbridge



Gord Downie spoke with Peter Mansbridge in an exclusive interview for CBC's The National on Thursday night. He will release a new solo album next week called Secret Path. THE CANADIAN PRESS

Tragically Hip frontman Gord Downie says his memory is fading as he battles terminal brain cancer.

Downie spoke with anchor Peter Mansbridge in an exclusive interview for CBC's The National, which was set to air Thursday night.

In a preview clip of the interview, Downie tells Mansbridge he "can't remember hardly anything."

He admits he had to write Peter on his hand so he wouldn't forget the name of the man interviewing him, whom he's known for 25 years.

Downie also says he's fighting his terminal illness, hoping he "can get more time."

When Mansbridge asks him if he's "resigned to the direction this is heading," he says, "Yes, I am. I really am."

Downie revealed his cancer earlier this year. Over the summer, he and the Hip put on a 15-show tour that ended with a live broadcast concert that drew millions.

On Tuesday, Downie is set to release Secret Path, a new solo album with an accompanying graphic novel inspired by the tragedy of Canada's residential school system.

He's also scheduled to perform at the National Arts Centre in Ottawa on Tuesday, and Roy Thomson Hall in Toronto on Oct. 21.

Secret Path tells the story of a 12-year-old First Nations boy in Ontario named Chanie Wenjack, who died in 1966 after running away from the Cecilia Jeffrey Indian Residential School near Kenora, Ont.

An animated film on the story — accompanied by documentary footage of Downie tracing Chanie's steps with the Wenjack family — will be broadcast on CBC on Oct. 23.

The interview marks the first time he's discussed his condition publicly.

Downie tells Mansbridge his memories used to be his "forte."

"And now I can't remember hardly anything. I have 'Peter' written on my hand. I have a few things written on my hands. And I say that just to be up front, because I might call you Doug."

THE CANADIAN PRESS

> **I have 'Peter' written on my hand. I have a few things written on my hands. And I say that just to be up front, because I might call you Doug**
>
> Gord Downie, talking to Peter Mansbridge about his memory loss

NOBEL PRIZE

Not everyone happy for Dylan

Singer-songwriter Bob Dylan won the 2016 Nobel Prize in literature on Thursday, a stunning announcement that for the first time bestowed the prestigious award on a musician for "having created new poetic expressions within the great American song tradition."

Reporters and others who gathered at the Swedish Academy's headquarters in Stockholm's Old Town reacted with a loud cheer as his name was read out.

Dylan, 75, is the most iconic poet-musician of his generation. Songs such as Blowin' in the Wind and The Times They Are A-Changin' became anthems for the U.S. anti-war and civil rights movements of the 1960s. He is the first American winner of the Nobel literature prize since Toni Morrison in 1993.

Dylan's impact on popular culture was immense and his influence as a lyricist extends to every major music figure and songwriter of the last 50 years, from the Beatles to Bruce Springsteen, Bono, Ed Sheeran and beyond.

Generally described as a rock musician, Dylan has been influenced by numerous musical styles, including country, gospel, blues, folk, pop, and rhythm and blues. He pursued them all, sometimes separately and other times simultaneously, establishing a towering influence.

Bob Dylan AP FILE

But although he had been mentioned in Nobel speculation for years, many experts had ruled him out, thinking the academy wouldn't extend its more than a century-old award to the world of music.

They were wrong. The academy's permanent secretary, Sara Danius, said while Dylan performs his poetry in the form of songs, that's no different from the ancient Greeks, whose works were often performed to music.

"Bob Dylan writes poetry for the ear," she said. "But it's perfectly fine to read his works as poetry."

Danius said that a "great majority" on the 18-member Nobel panel voted for Dylan. She said her personal favourites among Dylan's songs include Chimes of Freedom and Visions of Johanna, and suggested that people unfamiliar with Dylan's music start by listening to his 1966 album Blonde on Blonde.

Writers, musicians and even heads of state commented on the Nobel academy's choice on Twitter. British author Salman Rushdie, whose name is often mentioned in the Nobel Literature Prize speculation, called Dylan "the brilliant inheritor of the bardic tradition. Great choice."

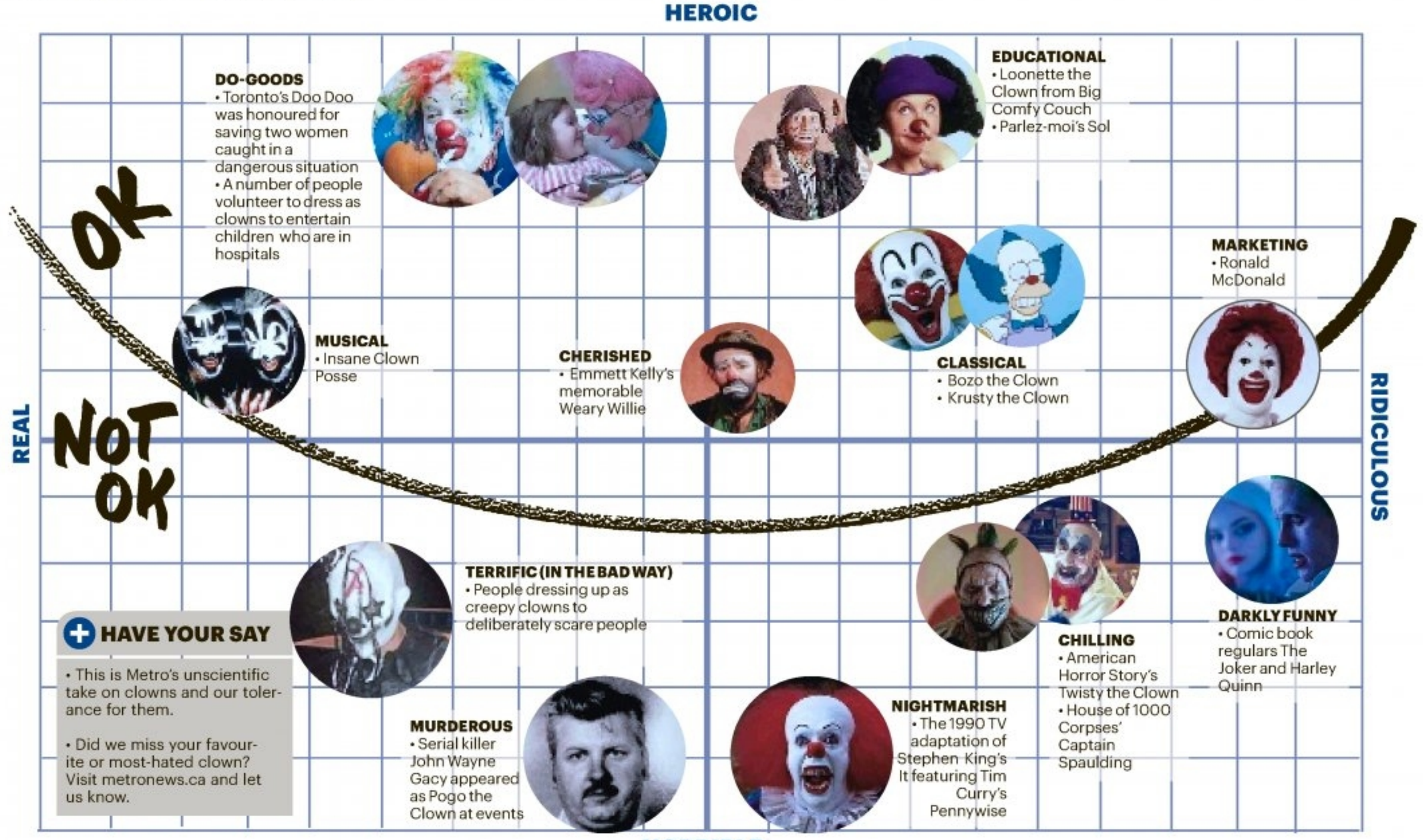
Scottish novelist Irvine Welsh was less impressed, however.

"I'm a Dylan fan, but this is an ill-conceived nostalgia award wrenched from the rancid prostates of senile, gibbering hippies," he tweeted. THE ASSOCIATED PRESS

> **This is an ill-conceived nostalgia award wrenched from the rancid prostates of senile, gibbering hippies**
>
> Novelist Irvine Welsh

CHARTED KNOW YOUR CLOWNS

With their exaggerated smiles, noses and eyes, clowns hit the funny bone for some while triggering feelings of fear in others. Recent internet posts and out-of-the-circus clown sightings have sent schools into lockdowns, menaced neighbourhoods and placed those making their costumed-living entertaining others on the defensive. So — assuming recent clown sightings aren't a marketing ploy for the reboot of **Stephen King's It in Sept. 2017** — where does the tipping point exist between humour and horror? Metro decided to chart some famous and infamous, real and unreal, clowns to see where the line is drawn between promoter of joy and provocateur of terror. Send in the clowns. METRO CANADA


HEROIC
HORRIBLE
REAL
RIDICULOUS
OK
NOT OK
DO-GOODS
• Toronto's Doo Doo was honoured for saving two women caught in a dangerous situation
• A number of people volunteer to dress as clowns to entertain children who are in hospitals
EDUCATIONAL
• Loonette the Clown from Big Comfy Couch
• Parlez-moi's Sol
MARKETING
• Ronald McDonald
MUSICAL
• Insane Clown Posse
CHERISHED
• Emmett Kelly's memorable Weary Willie
CLASSICAL
• Bozo the Clown
• Krusty the Clown
TERRIFIC (IN THE BAD WAY)
• People dressing up as creepy clowns to deliberately scare people
CHILLING
• American Horror Story's Twisty the Clown
• House of 1000 Corpses' Captain Spaulding
DARKLY FUNNY
• Comic book regulars The Joker and Harley Quinn
MURDEROUS
• Serial killer John Wayne Gacy appeared as Pogo the Clown at events
NIGHTMARISH
• The 1990 TV adaptation of Stephen King's It featuring Tim Curry's Pennywise
HAVE YOUR SAY
• This is Metro's unscientific take on clowns and our tolerance for them.
• Did we miss your favourite or most-hated clown? Visit metronews.ca and let us know.

HALLOWEEN

'Ick' factor creeping in for Trump, Clinton costumes

Last Halloween, Erin Holin and her husband coiffed their two-year-old's blond hair, Donald Trump style, and bought him a little suit with a red tie as his costume. This year, her husband wants to do the same and her answer is no.

"Last year it was silly," Holin said. "It was meant to be a joke and taken as tongue in cheek."

Not so much at the moment, at least for her young child, after a video surfaced of Trump boasting about groping women's genitals and other lows in the presidential race, including two women who told The New York Times that Trump reportedly touched them inappropriately.

Until recently, Trump and Hillary Clinton costumes were still selling strong despite some reservations among those who once had none. What turned them around? The "grab 'em" video, for one, and general anxiety over the low-brow nature of the race. In spite of it all, Heather Higgins is going for it — for her dogs at least.

She lives in the heart of New York's Greenwich Village, where Halloween is a big and bawdy affair. This year, her male schnauzer-dachshund mix, Winslow, and her female Havanese, Carly, will be dressed in matching royal blue pantsuits as the two candidates.

Winslow will wear a tie, while Carly will accessorize with a scarf. Following Sunday's debate, another political costume entered the Halloween costume sweepstakes, riffing on the red-sweatered Kenneth Bone who was among a group of undecided voters invited to question the candidates on stage during the town hall-style meet up.

After Bone became an immediate social media sensation, the site Yandy.com — known for creating costumes based on hot-button pop-culture figures — didn't waste any time with the rotund, mustachioed Bone.

Less than 48 hours after the debate, the site went into production for a "sexy" Bone costume and began taking pre-orders, selling out within four hours.

Yandy's "Sexy Undecided Voter" features a red crop-top, white crop undershirt, blue high-waisted pants and the must-have moustache, black glasses and — natch — a microphone a-la the one passed around on debate night.

And the price? $99.95 US.

Yandy also has its own take on the Republican nominee with its "Donna T. Rumpshaker" look, priced at $71.95 US. It comes with a white sleeveless collar shirt, red tie, royal blue faux blazer and royal blue booty shorts. A "Making America Great" red cap and blond wig are sold separately.

So how does Yandy feel about that "ick" factor?

"That is for the customers to decide," said Chad Horstman, the site's founder and chief executive. At costume seller Fun.com, chief marketing officer Mark Bietz said searches for "Trump costume" were on the rise over the last week, while "Hillary costume" searches have been about one-third of Trump's.

THE ASSOCIATED PRESS

metro TRAVEL

Your essential daily news

Alaskan village starts campaign to keep tourists out so they don't spook away walruses

EUROPE

This isn't your 19th-century composer's fancy-dress ball

Vienna, remixed

Megan Haynes
For Metro Canada

When people think of Vienna, they think of grandiose buildings, philosophical talks in coffee shops, grand balls and classical music — but that's changing.

Vienna, named the most livable city in the world seven times by consulting firm Mercer, is attracting and retaining more youth than ever.

While once Austrian millennials flocked to Berlin, today they're staying put in Vienna and starting their businesses there as well, creating a welcoming place for the under-30 set. Case in point: While each January Vienna plays host to hundreds of balls where patrons don formal wear and dance the night away, the Hip Hop Ball instead opts for a giant night-club vibe.

The gala, which sees patrons mix floor-length gowns with street gear, brought in more than 200 people last year, says 27-year-old founder Sajeh Tavasolie.

This year, it's moved to a bigger venue (a 19th-century building traditionally used to house classical music performances) to accommodate demand. The ball mixes traditional hip-hop dance with Viennese waltzing, which most youth learn from a young age, creating a unique atmosphere patrons won't find anywhere else.

Not to worry if you aren't around for ball season though — Vienna has surprising twists on classics all-year round.

Take Supersense, a coffeehouse that balances between traditional Viennese café and hipster hang-out. The café/store serves its espressos in a beautiful gilded baroque building. But wander into the back and everything old is new again: Shoppers can take a photo with the world's largest digital Polaroid, record a song in a make-shift studio booth made out of an old elevator cart and get their own record pressed, or even try their hand at the "scents lab," a kit that allows people to buy bottled smells. The idea is that the little capsules are to be broken at key moments people want to remember, so that they can build a scent memory.

No trip to Vienna would be complete without some orchestra. But rather than shell out hundreds for tickets to see a show in theatre, wander down to the Haus der Musik museum and take a teched-out tour of the classical music scene complete with holograms of Vienna's famous composers and a (creepy) motion-activated Mozart that mimics your facial movements.

At the end of the tour, visitors can conduct their own orchestra or score prime seats to enjoy a Beethoven/electronica remix.

Classical still permeates all facets of this Austrian city, but there's plenty of modern fixings for those looking for this kind of twist.

While Vienna is known for the hundreds of formal balls it puts on every year, the Hip Hop Ball provides a refreshing alternative. Vienna is retaining more of its youth that it once lost to the likes of Berlin, who are starting their own businesses and bringing new life to the city. LEFT: ©WIENTOURISMUS/MANFRED HORVATH, RIGHT: ANGELO KREUZBERGER

IF YOU GO

Save the date
The next Hip Hop Ball is taking place Jan. 28, 2017

TRAVEL NOTES CEASING SELLING CAPTIVE-ANIMAL ATTRACTIONS, HEMINGWAY'S STUFF SAVED & NEW WEST MEMPHIS TRAIL

TripAdvisor takes stand on animal exploitation
TripAdvisor says it's taking a stand against animal exploitation by no longer selling bookings to attractions where travellers can make physical contact with captive wild animals or endangered species. The policy was formed with input from tourism, animal welfare and conservation groups including the Association of Zoos and Aquariums.
THE ASSOCIATED PRESS

ISTOCK

US, Cuba step up efforts to save Hemingway artifacts
Ernest Hemingway was a pack rat who saved everything. Fortunately for fans of the literary icon, U.S. and Cuban officials and scholars have been working together to preserve artifacts at his former estate in Cuba — items they say will help illuminate his colorful legacy. Hemingway threw little away, effectively leaving behind a rich archive that includes his passport and Christmas cards. THE ASSOCIATED PRESS

HANDOUT

Construction set to begin on trail in West Memphis
Crittenden County officials said a proposed walkway along the Mississippi River wetlands will generate more tourism revenue to West Memphis and encourage industrial development. The city will begin developing the Delta River Regional Trail for pedestrians and bicyclists on the city's east side in November.
THE ASSOCIATED PRESS

metro SPORTS

"The logo — Chief Wahoo — is one that was troubling to me personally": Jays president Mark Shapiro who was once a Cleveland executive

Jays hang loose amid post-season pressure

MLB PLAYOFFS

Cleveland won regular-season series 4-3

A loose bunch of Blue Jays wasted little time making some changes to their Progressive Field home away from home for the American League Championship Series with Cleveland.

With the clubhouse closed to the media during the post-season, it was up to centre-fielder Kevin Pillar to partially spill the beans.

"All of our name plates have been changed from our normal names," Pillar said as the Toronto players met reporters in a stadium restaurant ahead of Game 1 Friday with the Indians. "I wasn't in there during it but someone's given everyone nicknames already. Not the nicest of nicknames but that's just how we are — we keep it loose, we keep it fun.

"No one is safe, whether you're the MVP, a multiple-time all-star or the rookie sitting across. Everyone's got free rein to say what they want and do what they want and that's what makes the environment so fun."

Could Pillar reveal his nickname? How about any nickname?

"No, not sharing them," Pillar said, vigorously shaking his head.

Staying loose is nothing new for the Blue Jays, who are trying to make the most of the post-season moment after falling two wins shy of the World Series last season.

Jason Grilli, left, and Marcus Stroman share a laugh during the Blue Jays' extra-innings victory over the Rangers on Sunday in Toronto. VAUGHN RIDLEY/GETTY IMAGES

"Enjoy (it)," veteran shortstop Troy Tulowitzki said Thursday. "That's what I try to tell all these young guys on the team. It's not easy to get here. For it to be our second year in a row speaks volumes about the guys on this team."

> **I think our heads are in a good place.**
> Jose Bautista

Having recovered from a 3-9 start to September, they fought their way into the playoffs, survived the wild-card hurdle and swept Texas in the AL Division Series.

The Indians present a considerable challenge.

Cleveland won the AL Central before sweeping the Boston Red Sox.

The Indians can manufacture runs with their bats and speed, ranking fourth in the majors with 134 stolen bases (Toronto was 25th with 54). Andrew Miller and Cody Allen lead a more than capable bullpen.

The Jays swung for the fences, ranking fourth in the majors with 221 home runs (Cleveland was 18th with 185). Toronto's starting rotation, meanwhile, led the AL in ERA (3.64) and opponents' average (.236) among other categories.

In fact, the Jays were the only AL team whose starters' ERA was under 4.00 (Cleveland was next at 4.08). THE CANADIAN PRESS

ALCS head to head

How Toronto and Cleveland stack up positionally TORSTAR NEWS SERVICE; PHOTOS BY GETTY IMAGES

1 Starters

No one has as much depth in their four-man rotation as do the Blue Jays. Toronto's starters are a combined 55-22. The Indians have a Cy Young candidate in Corey Kluber, plus Trevor Bauer and Josh Tomlin, but they lost RH Danny Salazar and RH Carlos Carrasco to injury. **EDGE: Toronto.**

2 Bullpen

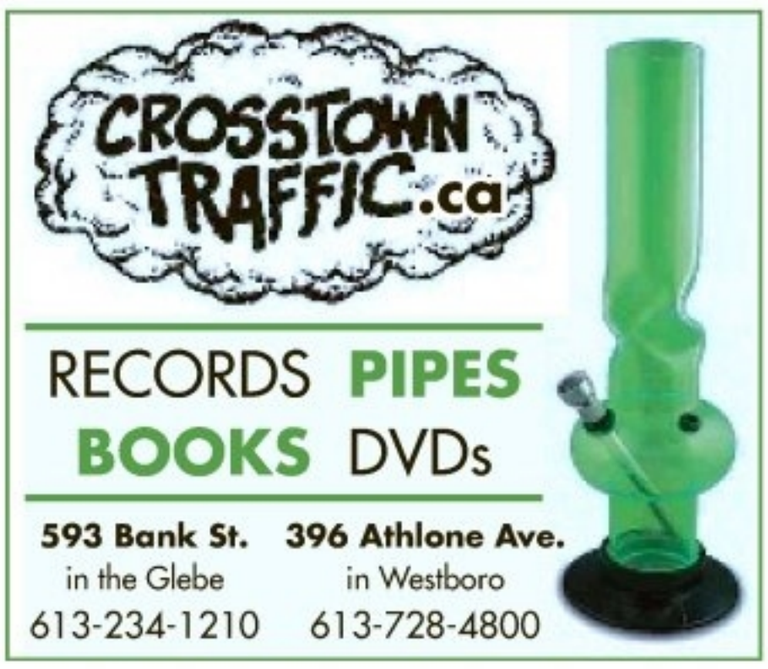
RH Jason Grilli and RH Joe Biagini, plus LH Brett Cecil are the main setup men for 21-year-old closer Roberto Osuna. But the Indians have a versatile, elite bullpen with closer Cody Allen and lefty setup man Andrew Miller. **EDGE: Cleveland.**

3 Lineup

The Toronto lineup has bounced back in the post-season to strike fear in the hearts of opponents. Of the 21 playoff home runs hit in the AL this year, 10 have been hit by the Jays. Cleveland has great balance, with five switch-hitters and three left-handed bats. **EDGE: Even.**

4 Intangibles

The Jays have the home-crowd advantage, with a raucous atmosphere that fuels them. The Jays are 9-4 in their past 13 playoff games. Cleveland's Terry Francona is 31-18 record as a manager in the post-season. **EDGE: Jays. PICK: Jays in seven.**



Boucher's defensive goal 'will take time'

NHL

New Sens coach also highlights Karlsson's role in win vs. Leafs

New Ottawa Senators head coach Guy Boucher has been telling everyone that his team is going to be solid defensively, more so than they were last season.

Judging from Ottawa's 5-4 overtime win against the Toronto Maple Leafs on Wednesday night, there's still some work to do. The Senators surrendered 38 shots and all four goals allowed were from Auston Matthews in his NHL debut.

"I don't think there was a lack of effort. We know there's a process and it's going to take time," Boucher said. "The second period we killed ourselves with penalties. I really like how we were in the third period compared with the other two periods because it was all about playing hard and being patient."

The Senators' Marc Methot dives to make a save on the Leafs' Tyler Bozak on Wednesday night at Canadian Tire Centre.
SEAN KILPATRICK/THE CANADIAN PRESS

The Senators took four minor penalties in the second period but managed to kill them all. The Leafs were 0 for 4 overall on the power play.

Ottawa allowed a goal with three seconds left in the second period that broke a 3-3 tie after Derick Brassard scored for Ottawa just over two minutes earlier.

"We battled some adversity tonight," said Senators goaltender Craig Anderson. "I think that's the best way to explain it. We gave up that late one in the second period and I'm frustrated, the guys are frustrated but we just made sure we were focused for the third and it was nice to see."

Kyle Turris tied the game in the third and won it for the Senators in overtime. Bobby Ryan also scored for Ottawa.

"I think overall we played OK," said Senators captain Erik Karlsson, who had a goal and two assists. "At the end of the day we did what we had to do and we played the first 10 minutes the same way we played the last 10 minutes and we ended up getting two points."

The offence aside, Boucher said that Karlsson was the leader for his club with his defensive game and that it will take time for everyone to round into form.

"I thought Karlsson was on all night. He led us defensively playing the right way and not overdoing things and you can't ask any more from your captain," Boucher said.
THE CANADIAN PRESS

NFL

Rivera upbeat after Cam practices again

Panthers quarterback Cam Newton was a full participant in practice Thursday, another indicator the league's reigning MVP will likely play Sunday against the New Orleans Saints.

Coach Ron Rivera said that while Newton remains in the NFL's concussion protocol, it's a positive sign that he was able to practice fully. Rivera said he doesn't know when Newton's next meeting with neurologists will be — or when he might be cleared to play.

Cam Newton
GETTY IMAGES

"This is just the next step and it's all about how he reacts to everything," Rivera said.

Newton declined interview requests on Thursday. Running back Jonathan Stewart, who has missed the last three games with a hamstring injury, also practiced for the second straight day and said he could face the Saints. THE ASSOCIATED PRESS

IN BRIEF

Kings' Quick out injured
The Los Angeles Kings have placed Jonathan Quick on injured reserve after the star goalie got hurt in the first period of their season opener. The Kings announced the move Thursday. Quick incurred a lower-body injury during Los Angeles' opener at San Jose.

He was replaced by Jeff Zatkoff for the final two periods of the Kings' 2-1 loss.
THE ASSOCIATED PRESS

Piercy sets course record
Scott Piercy began the new PGA Tour season by setting the course record at Silverado with a 10-under 62 to take a two-shot lead at the Safeway Open Thursday.

Conditions were practically perfect in the morning, and so was Piercy. He made 12 birdies , was rarely out of position except for two tee shots and even missed a pair of birdie chances inside 8 feet. THE ASSOCIATED PRESS

RECIPE Chickpea and Spinach Stew

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This recipe yields a lot of hearty soup, which is good news as the flavours deepen even more when you warm up the leftovers.

Ready in 30 minutes
Prep time: 5 minutes
Cook time: 25 minutes
Serves 6

Ingredients
- 2 onions, chopped
- 2 to 3 Tbsp vegetable oil
- 3-inch piece of ginger, grated or minced
- 4 cloves of garlic, minced
- 2 or 3 big handfuls of baby spinach, washed and stems trimmed
- 2 tsp turmeric
- 1 tsp cumin
- 1/2 tsp ground coriander
- 1/2 tsp cayenne (optional)
- 1 x 28 oz can tomatoes
- 1 x 28 oz can of chickpeas
- 1 cup water
- Pinch of salt

Directions

1. Sauté onions and pinch of salt in oil until they are quite soft, about 10 minutes. Add garlic and ginger and stir for about a minute or two. Add spices and cook for another minute.

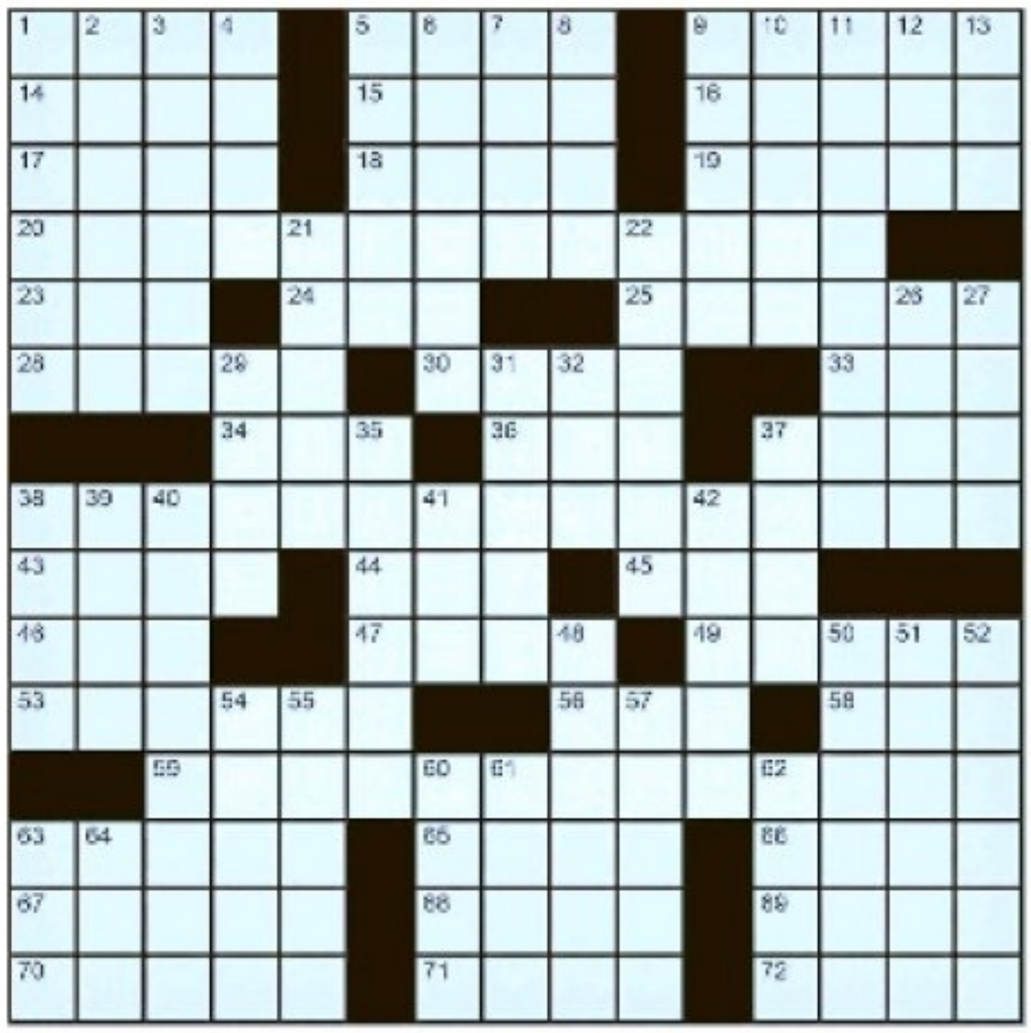
2. Add chickpeas and tomatoes. Use the back of a spoon to break up the tomatoes. Add the water and bring to a boil. Add the spinach, reduce heat and simmer for about 15 minutes.

3. Serve over rice and with a dollop of plain yogurt on top.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Pre-DVD machines
5. Prompted the thespian
9. Not glossy
14. Zeno of __ (Ancient Greek philosopher)
15. As soon as...
16. Walk __ line
17. Lion's sound!
18. Ms. Sorvino
19. Jams in
20. Neil Young song where "it's so noisy at the fair": 2 wds.
23. Author Ms. LeShan
24. Singer Janis
25. More less asleep
28. Church council
30. Swedish car
33. Saskatoon's airport code
34. CFL official
36. Ancient war god
37. "Arriba" is a 1999 hit for what Canadian dance music singer?
38. Tune penned by #59-Across that goes "There is no end to what we can do together...": 4 wds.
43. Large land lot
44. Mined mineral
45. Bitty battery
46. Him, in Hull
47. Monthly abode payment
49. Ms. Stefani's
53. Francia's neighbour in Europa
56. Ms. Arden
58. Ms. Michele
59. Rock legend who Neil Young is opening for at this weekend's Desert Trip music festival in Indio, California: 2 wds.
63. "Grease" (1978) gang member
65. Amazed reactions
66. Conceal
67. Mountain chain
68. Merle Haggard's "__ from Muskogee"
69. Vigour, for short
70. Longing-for sounds
71. Kiki and Sandra
72. Positive gestures

DOWN
1. Poetic lines
2. Overcast
3. Carter's presidential successor
4. Ms. Gilbert
5. 'Winnipeg, Manitoba' has one
6. Marriages, for example
7. Nylons hue
8. Hollywood icon James
9. Parrot variety
10. Glass-ceiling lobbies
11. Two words of gratitude
12. Mr. Burton
13. Nav. designation
21. __ bicycle (Travel on two wheels)
22. Latin 'blank slate', __ rasa
26. Corporate honcho, briefly
27. Stink, strongly
29. "What's Hecuba to him __ __ to Hecuba..." - Hamlet
31. "__-hut, soldiers!"
32. Small island
35. __ arrangement (Aromatic centrepiece)
37. Nicknamed 'Hunger Games' actress
38. Corduroy line
39. Post-op locales
40. Concert album of 1990 by #59-Across: '__ the Live Fantastic'
41. Dublin's wee locale
42. Raring to go
48. Electronics whiz
50. Warm ocean current: 2 wds.
51. Required
52. Gale __, role in football biopic "Brian's Song" (1971)
54. Irritated pirate's noise!
55. Sans-clothing paintings
57. Flowers displayers
60. State of mind
61. Cola brand
62. In that case...
63. 'Sharknado' movies actress ...her initials-sharers
64. Actress Ms. Ling

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a challenging day! Relationships with partners and close friends are unpredictable. Some relationships might even end. Clashes with authority figures are intense. (Yikes!)

Taurus April 21 - May 21
Your work routine will be interrupted with computer crashes, equipment breakdowns, canceled meetings or fire drills. It could be anything. Avoid touchy subjects, because people are ready to quarrel.

Gemini May 22 - June 21
This is an accident-prone day for your kids, so be extra vigilant. Arguments about the care and education of children, shared expenses or the division of labor might arise.

Cancer June 22 - July 23
Family squabbles are likely today, because something at home will occur unexpectedly. Small appliances might break down or minor breakages could occur. Have patience!

Leo July 24 - Aug. 23
This is an accident-prone day for your sign, so pay attention to everything you say and do. Think before you speak. Avoid arguments with co-workers.

Virgo Aug. 24 - Sept. 23
Something to do with your cash flow or your finances will surprise you today or catch you off guard. Double-check everything. Financial squabbles with your kids or a romantic partner might occur.

Libra Sept. 24 - Oct. 23
Discussions are heated today because people are obsessed about whatever concerns them. Furthermore, you or someone else might demand more freedom in relationship

Scorpio Oct. 24 - Nov. 22
This is a tough day because you feel restless and indecisive. Too many things are going on. Instead of being frazzled, be patient and diplomatic when talking to others.

Sagittarius Nov. 23 - Dec. 21
You might be upset with a friend today or with your interaction with a member of a group. This could be because something unexpected occurs. Don't overreact.

Capricorn Dec. 22 - Jan. 20
Conversations with bosses and authority figures might upset you today. Perhaps someone will say something that throws you a curveball. Be careful. Don't quit your day job.

Aquarius Jan. 21 - Feb. 19
Travel plans will be delayed, canceled or rescheduled today. Ditto for school plans for many of you. Just cope as best you can

Pisces
Feb. 20 - March 20
Make friends with your bank account because something unexpected will affect your finances. Get all your facts first before you decide what to do. Don't just shoot from the hip with guesswork.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	4		8	6			5	
9						8		7
	3							
			6		3			1
4				1				2
6			2		9			
							7	
7		1						8
	2			3	4		1	

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

7	5	3	6	8	9	2	4	1
2	1	9	4	3	7	5	8	6
8	4	6	5	1	2	9	7	3
4	3	7	2	9	1	8	6	5
6	2	8	7	4	5	1	3	9
5	9	1	8	6	3	4	2	7
3	7	5	9	2	8	6	1	4
1	6	2	3	5	4	7	9	8
9	8	4	1	7	6	3	5	2

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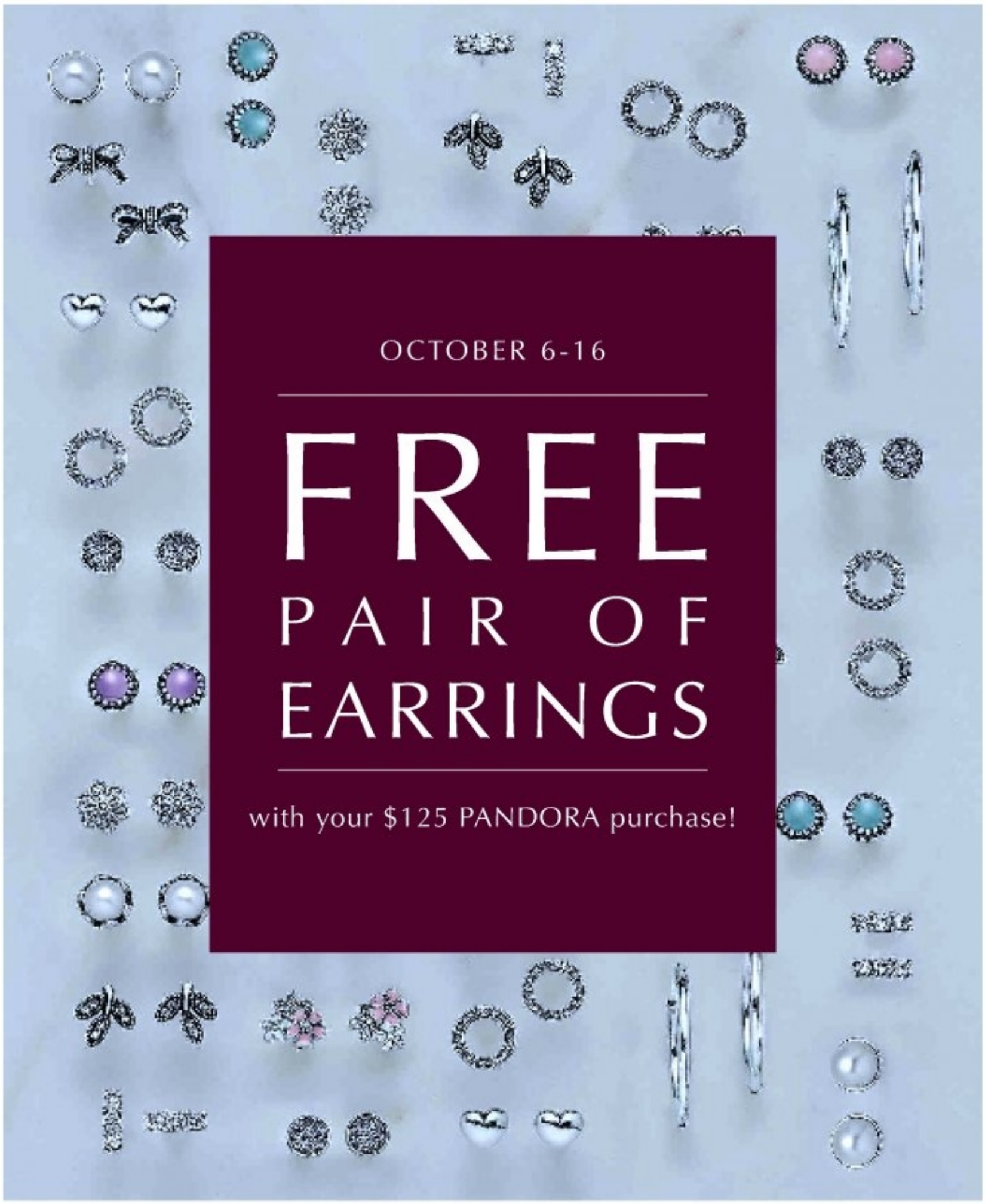

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